## CAROLINE COUNTY HEALTH DEPARTMENT Caring for Caroline

## Division of Environmental Health

403 S 7<sup>th</sup> Street, Rm 248, Denton, MD 21629

Health Officer, Scott T. LeRoy, MPH, MS

## **Cottage Foods**

According to COMAR 10.15.03, a cottage food product is defined as a non-potentially hazardous food (as specified in 10.15.03.27) that is offered for sale only at a farmer's market or public event; and a food that is not offered for sale through Internet sales or interstate commerce. All cottage food products must be produced and packaged in the State of Maryland.

## Labeling Requirements

(As required per COMAR 10.15.03.27)

Product must be pre-packaged with a label that contains the following information:

- The name and address of the manufacturer (a P.O. Box is not acceptable)
- The name of the product
- The ingredients of the product in descending order of the amount of each ingredient by weight
- The net weight or net volume of the product
- Allergen information as specified by federal labeling requirements (COMAR 10.15.03.02 defines major food allergen as: milk, egg, fish, tree nuts such as almonds, pecans, or walnuts; wheat, peanuts, soybeans, and a food ingredient that contains proteins derived from milk, egg, fish, tree nuts, wheat, peanuts, or soybeans)
- Nutritional information as specified by federal labeling requirements, if any nutritional claim is made; and
- Printed in 10 point or larger type in a color that provides a clear contrast to the background of the label: "Made by a cottage food business that is not subject to Maryland's food safety regulations".